



# Friendship Letter

## 1/2026

**IPA – WEST RAND REGION**  
**THE CRADLE OF HUMANKIND**

### **Preamble by the Chairman, André de Bruin**

Good Morning

Grant me the privilege to greet you all in the spirit of friendship, loyalty, and camaraderie that can largely and exclusively only be experienced in an unique organization as the INTERNATIONAL POLICE ASSOCIATION.... BE PROUD OF YOUR MEMBERSHIP AND REST ASSURED THAT YOU ARE INDEED PART OF AN UNIQUE CIRCLE OF FRIENDS WHICH IS NOT OPEN TO EVERYONE!!

Going forward in 2026, let us remember that every event, every project, and every act of volunteerism contributes to the story of the IPA.... Together, we are promoting friendships, maintaining traditions, and building history through dedication and the shared belief of "Servo per Amiceko" (Service through Friendship).

I call again on all members and friends to become actively involved in all activities, projects, and acts of the IPA.....not only at the regional level but more so at National and International levels...the opportunities are there.... Grab the Day!!

2026 has been earmarked as the year of growth for IPA SOUTH AFRICA as we really take it seriously to expand membership within the Section....

I'M SURE THAT EACH EXISTING MEMBER HAS AT LEAST ONE FRIEND TO RECRUIT!!!

SERVO PER AMICEKO  
(Service Through Friendship)

*André de Bruin*  
**CHAIRPERSON: WEST RAND REGION**

## **UPCOMING EVENTS**

Please diaries the following dates so that you can come and join us in enjoying these days. Bring your family and friends along!



2026-04-22 to  
2026-05-17

Plant a Tree – Green IPA” Project



The Socio-Cultural Commission Green IPA Project Team has invited all IPA sections worldwide to participate in the global environmental campaign:

### **PLANT A TREE – GREEN IPA**

In celebration of Earth Day, Wednesday **22<sup>nd</sup> April 2026**, will be used to unite IPA members, worldwide, and local communities in a shared commitment for every IPA member to plant at least one tree (no limit to the number of seedlings – the more the better), in their region in the period between the **22<sup>nd</sup> of April 2026 to the 17<sup>th</sup> of May 2026**, and therefor strengthens the IPA’s commitment to environmental stewardship.

**Let’s grow together!**

**Let us come together across the world to make the world greener, one tree at a time!**

IPA West Rand will also take part in this initiative. If you plant a tree, or seedlings, in this period at your home or any other place, send us a photo. IPA West Rand committee will communicate a date and venue where we will support this project and plant a tree.

2026-04-25

“My Kitchen Rules” Competition – Chilly Trench Moth Shellhole





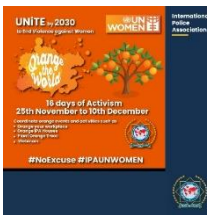
We sincerely hope that our members will support this exciting event.

If you and your friends want to make up a team, send your email to the IPA West Rand WhatsApp group where will then send you the rules and information regarding the competition.

Payment can be made to the IPA West Rand Thyme Bank account (info on last page of the Friendship Letter) by at least the 20<sup>th</sup> of April as we must have figures for the surprises that awaits you!!

For any further information contact the organizer, Jan Judeel.

	 <p><b>IPA West Rand</b> <b>Cooking Competition</b> <b>My Kitchen Rules</b> <b>25/04/2026 08:00 till late</b> <b>R250 per team of 4</b> Chilly Trench MOTH - Cnr Dieperink &amp; Meyer Street Roodepoort Contact Andre De Bruin 082-389-4340 / Jan Judeel 084-699-1048 Callie Calitz 083-439-3206 / Natasha Calitz 082-399-9915</p>
2026-04-27	<p>AGM &amp; Social Braai, Krugersdorp “Oumanne” Club</p> <p>AGM will start at 11:00 on the 27<sup>th</sup>, after which we will have a social braai. Everyone bring their own meat, pap &amp; sauce, and a salad will be available for a minimum price to be paid on the day (still to be determined).</p> <p>This is not a voting year, so your Executive will stay the same.</p>
2026-05-03	Themed Sunday Lunch
2026-05-14	Monthly Regional Meeting
2026-06-11	Monthly Regional Meeting
2026-06-14	Moth Oasis Potjiekos Competition – Cottesloe Cottages, Fairlands ay
2026-06-19 to 21	Vaalrivier Weekend Houseboat Outing
2026-07-05	Themed Sunday Lunch
2026-07-09	Monthly Regional Meeting
2026-07-11 to 25	International Hunting & Fishing Week
2026-08-07	<p>Themed Sunday &amp; Women’s Day Event</p> 
2026-08-13	Monthly Regional Meeting
2026-08-23	Fundraising Event at Barnyard Silverstar
2026-09-06	Themed Sunday Lunch & Warrior Potjiekos Competition
2026-09-24	Breakfast Buns / Braai at Krugersdorp Police Station (Heritage Day)
2026-10-04	<p>Themed Sunday Lunch, Askari Game Lodge &amp; “Blue Walk” on the premises</p> 
2026-10-08	Monthly Regional Meeting
2026-11-01	Themed Sunday Lunch
2026-11-05 to 08	National Council Meeting, Port Natal

2026-11-08	Moth Remembrance Day Parade, Dardanelles meeting Shellhole Committee members will still be at NCM meeting, but IPA West Rand members will represent IPA West Rand in the wreath laying	
2026-11-12	Monthly Regional Meeting	
2026-11-19	International Men's Day Social Braai	
2026-12-04 to 07	Weesgerus Annual Getaway & Abraham Kriel Children's Home outreach (SheisIPA) & Plant a tree at AKC "Orange the World Project"	  
2026-12-16	Celebrate Day of Reconciliation (church service / visiting Voortrekker Monument, Pretoria) – still to be decided	

Dates of events will be conveyed through Email and WhatsApp and may change.  
 Details surrounding events will be made available as arrangements are made.  
 Anyone interested in assisting with any of the events can contact any one of the Committee members.

# EVENTS

## STRATEGIC YEAR PLAN MEETING

On Thursday, **January 15<sup>th</sup> 2026**, IPA West Rand Executive members came together at the Krugersdorp “Oumanne” Club in Krugersdorp for our first monthly regional meeting of 2026, where we also drafted our preliminary year plan for 2026, as well as finalized West Rand’s Annual Plan and Presentation for 2025. Some good ideas and events were discussed, and hopefully, we will be able to organize and present these events this year.

We also discussed the #SheisIPA initiative and how Natasha will continue bringing in the West Rand IPA girls into the project.

The outcome of the day’s discussions and ideas was a huge success! Now, the planning and organizing of these events must begin as early as possible, and getting our members involved.

We had two of our regional members join us during the day and had a delightful lunch in the club after the meeting was concluded.



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## **SOCIAL WELFARE VISITS TO MOTH COTTAGES IN WESTONARIA, KRUGERSDORP AND ROODEPOORT**

On Saturday, the **14<sup>th</sup> of February 2026**, IPA West Rand Regional Executive members visited three Moth (Memorable Order of Tin Hats) cottage schemes in Westonaria, Krugersdorp, and Roodepoort (44 residents) as part of our first **#SheisIPA** initiative for this year.

These cottages are mainly occupied by ex-service men (military and SAPS) who are members of the Moth (all over 60 years and major of residents only SASSA recipients).

Natasha made beautiful and delicious sweaty cups for each resident of all three cottage schemes. The residents were so appreciative of the fact that somebody was thinking of them on this day of love, as some of them do not have any family who they receive the love and support they need during these last years of their lives.

It was such an honour and privilege to hand over these cups as we could see how happy this small gesture was making in their lives. It was all smiles and happiness! After yet another successful day, the committee had a well-deserved drink together, finalizing the morning's events.



## Westonaria Moth Cottages



## Krugersdorp Moth Cottages



## Roodepoort Moth Cottages



## **MARKETING & RECRUITMENT DRIVE: WESTONARIA SAPS**

On Saturday, the 14<sup>th</sup> of February 2026, IPA West Rand Regional Executive members visited Westonaria Police Station and handed out Friendship Cups, marketing brochures, and application

forms to all the members who were on duty in the Client Service Centre. Our Vice-Chairman, Jan Judeel gave them feedback and information of the IPA organization and the initiatives we are involved in, as well as what they can get out of the IPA.

Unfortunately, we were not allowed to take pictures of the members receiving the cups as they are not allowed to have their pictures taken while on duty.

Hopefully, we will be able to recruit one or two members who are very interested in the IPA.



## **VALENTINE'S DINNER**

On Saturday, the **14<sup>th</sup> of February 2026**, after a full day spent doing what we love the most, bringing joy into the lives of others (visits to Moth Cottages) and spreading the word of the IPA Organization (marketing & recruitment at Westonaria SAPS), IPA West Rand had their annual Valentine's Dinner at the Sterkfontein Heritage Lodge in Krugersdorp.

Although not many attended the dinner, we had enough members and spouses present to enjoy an evening of delicious food and amazing company, as we are all IPA West Rand family, spending this amazing night together.





During the Strategic Event Year planning in 2025, it was suggested that we have themed lunches to celebrate our country's unique cultures.

It was decided that we would come together, every **1<sup>st</sup> Sunday** of every month, at a restaurant serving a specific cultural experience. During 2025 we had several very successful of these themed Sunday lunches, but we still hope that more of our members, their families, and even friends, will attend the upcoming Themed Sunday Lunches with us in 2026.

We started with our first Sunday Themed Sunday Lunch for 2026 at the beautiful Rock Cod Restaurant in Ruimsig.



On Sunday, the **15<sup>th</sup> of March 2026**, IPA West Rand came together at the Rock Cod Country Restaurant in Ruimsig to celebrate our friendship and gather socially.

It was also one of our Sunday Themed Lunch events that we have every month to celebrate and enjoy cuisines from other cultures.



We were also fortunate to celebrate the birthdays of our Vice-Chairman, Jan Judeel, as well as the wife of our Chairman, Susan du Bruin.

The food was delicious, and we all enjoyed a lovely day in the peaceful surroundings of the restaurant.

Yet another successful day for IPA West Rand!!



On Sunday, the **29<sup>th</sup> of March 2026** IPA West Rand members and their families came together for a social Sunday Themed Lunch at the Carnivore Restaurant in Muldersdrift. The themed lunch was originally scheduled for the 5<sup>th</sup> of April 2026, but because it is the Easter long weekend, and our Mogale City Council gave notice that the entire Krugersdorp will be out of power from 06:00 to 18:00, we decided to change the lunch to the 29<sup>th</sup> of March 2025.

On arrival, everyone is welcomed with their signature welcome drink, their “muti” called Dawa, a very delicious, but potent sip of magic!

For the meat-eater, this restaurant is a feast!! There is meat and more meat dishes to choose from, and then some more! As long as you have your SA flag standing straight on the table, they bring food, delicious and plentiful skewers full of meat dishes! There were some potatoes and pap in between, a salad or two, but the main dishes are meat, meat, and more meat! The food was delicious, and we all enjoyed a lovely day.



As this restaurant is a very well-known tourist attraction in the Cradle of Humankind, we enjoyed the way foreign visitors reacted and enjoyed this cultural experience (ex. eating crocodile), and we yet again realized how privileged we are to live in such a beautiful country!

The meal session was concluded by a session on the drums! It brought our Konka memories back!

Yet another successful day for IPA West Rand.



## NEWS / PROJECTS / COMPETITIONS

**STAY CONNECTED, STAY IPA!**

*To Our Retiring IPA Members*  
**Don't Let Your Journey End Here!**

✓ Complete a **Debit Order Form**  
 ✓ Update Your **Membership Details**

*Stay Connected to IPA Benefits & Friendship!*

WhatsApp: +27 66 542 1538  
 Email: [membership@ipasafrika.co.za](mailto:membership@ipasafrika.co.za)

**ONCE IPA, ALWAYS IPA!**

**Did you recently go on pension / resigned from the SAPS?**

**Has any of your personal information changed?**

Your journey with the IPA doesn't have to end here! You are now entering a new chapter in your life, and we would love for you to remain part of our global IPA family of friendship and service.

- ✚ **Complete a debit order form (debit order will be posted on IPA West Rand WhatsApp group)**
- ✚ **Update your personal membership details**

This will ensure uninterrupted access to IPA events, travel opportunities, and lifelong camaraderie. You can either **WhatsApp IPA Head Office at +27 66 542 7538**, or send us a message in the IPA West Rand WhatsApp group, or email Natasha at [calitztasha@gmail.com](mailto:calitztasha@gmail.com) to obtain a debit order or update your information.

**IPA PHOTOGRAPHY COMPETITION 2026**




Organised by the Socio-Cultural Commission  
 All photographs should be sent together with the official entry form by email to the following email address: [anetasobieraj@ipapolska.pl](mailto:anetasobieraj@ipapolska.pl)  
 \* Deadline for entry is 31st July, 2026  
 \* Scan QR Code for details



**IPA Literary Competition 2026**  
 Competition deadline **July 1st**



Please send all entries to:  
[artsandcultureprojectteam@gmail.com](mailto:artsandcultureprojectteam@gmail.com)



**Categories**

- short story
- Poetry

Scan the QR for details

Please visit the international website for all details  
[www.ipa-international.org](http://www.ipa-international.org)




**Discover the Benefits of IPA Membership!**




Global Network   Travel & Exchange   Events & Training   Support & Solidarity   Friendship Beyond Borders


**Join Us Today!**

*Servo per Amikeco – Service Through Friendship*

**UNITE by 2030**  
 to End Violence against Women



**Orange the World**




**16 days of Activism**  
 25th November to 10th December

Coordinate orange events and activities such as:

- Orange your workplace
- Orange IPA Houses
- Plant Orange Trees
- Watercolor

**#NoExcuse #IPAUNWOMEN**



**FOR ANY MORE DETAILS ON ANY OF THE ABOVE COMPETITIONS AND EVENTS, PLEASE SEE THE IPA SA FACEBOOK OR IPA WEBSITE.**



The Women in IPA project is one of the key projects included in the International IPA strategy for 2023 - 2027.

IPA West Rand has now come aboard this project and will organize and host events to support the ladies in our region and celebrate their role in law enforcement and their support thereof.

Projects have been included in our year plan, example, Women's Day, and we really hope that our West Rand female members will come on board and support this initiative.

In 2025 our Secretary / Editor, Natasha Calitz has been elected as the IPA West Rand's #SheisIPA hero. She will soon start to communicate with ladies from the West Rand to join her in projects that we can host to celebrate our law enforcement and IPA ladies.

We already had our first online seminar on the 7<sup>th</sup> of April 2026, with the theme "#TeaforSHE", unfortunately, only one lady from the West Rand, Natasha (Secretary / Editor), attended the online session.

The session was about "Impostor Syndrome."

This was a very meaningful, interesting session, which was initiated by our IPA SA Secretary-General, Tessa Deyzel, and the session was hosted by two very interesting ladies from abroad, Karin Duckworth (UK) and Magda Raducu (Romania), in which key aspects of this syndrome were discussed. As soon as the contents of the presentation are received, it will be posted on our WhatsApp group for other ladies to learn more about this topic.



During the meeting, the first project in the series was proposed and voted on: 'Write a letter to yourself'! The only request is to reflect on your journey and write a message to your future self and focus on encouraging your goals. The session was closed with the message:

**Believe in Yourself!**  
**We have to dare to be Yourselves!**

We will continue to discuss and share ideas about topics that interest us as women and the roles we play in our professional and personal lives. The #SHEisIPA team would therefore like to invite you to come up with ideas and suggestions on what we can do to help support this initiative. It is for us, for our ladies!

## IPA SA CHALLENGE COIN



**Orders to be placed with Natasha on  
IPA WR WhatsApp group and R150  
paid into IPA WR account to confirm  
order.  
(Coin will only be ordered if payment is  
received)**

## CUP OF FRIENDSHIP

The “Cup of Friendship” project will be ongoing, steered by our Vice-Chairman, Jan Judeel.

Any member who wishes to be part of this project can contact Jan directly. All you must do is keep a few cups in your car and every time you see a policeman or a traffic official, hand him/her a cup.

Each cup contains sachets of coffee, sugar, Cremora, a packet of cookies and something sweet.

All you must add is hot water and enjoy!

Attached to the cup is an information leaflet what the IPA is about and an application- and debit form. Each of the Committee members will have friendship cups in their possession to randomly hand out to policemen, traffic officials and other members who qualify to be an IPA member [ex. National & Provincial Parks Board Law Enforcement officials].



MAY		JUNE		JULY	
1	SJ NOTNAGEL	4	AH ROOS	5	JL ENGELBRECHT
2	C LOTTERING	11	WI DUVENHAGE	6	MJ SITHOLE
5	MT BESTER	13	ASA VENTER	10	PB WIESE
11	JS CIESLIK	17	MM JUDEEL	24	P TERBLANCHE
30	CM LOUW	18	J PRETORIUS	26	FAJJ DEKKER
31	SC BASSON	20	LT BREEDT	27	BS TROLLIP
		25	LL MORISON		
		29	JJ DLAMINI		

Congratulations to all members on their upcoming birthdays! We hope to see each one of you at our social events so that we can personally congratulate you on this joyful day!

Friends as special as our IPA friends deserve to be celebrated on their birthday (all other days too!) We hope that the year ahead brings each one of you many wonderful adventures! Members whose names and dates of birth do not appear in their birth month, please contact me to include you on my list!

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**WELFARE** – Please report any welfare-related issues to any committee member, for example, hospitalisation, sickness, and or death of members and friends.

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## CLOSING REMARKS

In a world that often moves too fast, it is the quiet acts of kindness, service, and unity that truly make a difference. Each one of us has the power to inspire change – through compassion, dedication, and simply showing up for others. Let this be a reminder that what we do, no matter how small, matters more than we think.

When we come together for service and friendship, we build lasting impact. Let us continue to uplift, support, and lead with integrity in everything we do.

Let us stay committed to the friendship and bonds we build within the IPA and make a difference in our community, standing together. That is all that we, as the IPA West Rand Committee, ask of our members, come with us, take part in our events, and share your compassion.

With this, we can make IPA West Rand the great Region we always have been, as our greatest strength lies not in our experience but in the connection, we build with everyone we touch.

**NATASHA CALITZ**

**EDITOR**

**“THROUGH HUMANITY COMES FRIENDSHIP”**



As an IPA member, you can also take part in numerous IPA programs, activities, and projects. Use this link, search and explore your IPA benefits!

<https://ipasafrika.co.za/main/membership/member-benefits/>

**Committee Members Contact Details:**

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**Banking Details: IPA WEST RAND****Tyme Bank****Account Nr: 53000998611****Savings Account**