



Friendship Letter

IPA – WEST RAND REGION
THE CRADLE OF HUMANKIND



Preamble by the Chairman, André de Bruin

Good day all.

A heartily welcome to all members and everybody else who are privileged to take some time reading this communiqué

Once again, a special word of appreciation to the Regional Secretary Natasha Calitz for the publishing of this Friendship Letter Nr 3 of 2023.

It has been a long and cold lonely winter, but **Spring is in the Air** and a fresh and clean breeze is bestowed upon us

The IPA West Rand Regional Committee are still well on track and ready to tackle the final trimester of 2023 ... kicking off with our **Annual General Meeting to be held on the 9th of September 2023** at the "Oumanne" Club, Ockerse Street in Krugersdorp Centralplease make sure to attend this event and be treated to an overview of all the events you have missed and/or enjoyed with us during 2022

It is also the perfect stage to have your voice heard and to give your inputs on your needs for future assistance and more events to suit yourselves and thus provide value to your membership

For the remainder of 2023 we still have a **Heritage Day braai on the 25th of September** in Randfontein, the **NCM 2023 from 2-5 November** in Pretoria (hosted by JHB Region) and the **Weesgerus Breakaway from 1-3 December**.

Please take note of these major IPA events as well as other functions planned locally and stay involved. Watch this space as well as our Facebook page and WhatsApp groups to stay informed.

SERVO PER AMICEKO
(Service Through Friendship)

André de Bruin
CHAIRPERSON: WEST RAND REGION



UPCOMING EVENTS

DATE	EVENT	ORGANISER OF EVENT & CONTACT DETAILS
2023/09/09	AGM and Social Event @ “Oumanne” Club, Krugersdorp	Natasha Calitz / 082-399-9915
2023/09/13	Floroma Old Age Home, Roodepoort – jewelry making	Natasha Calitz / 082-399-9915
2023/09/25	Regional Heritage Day	André du Bruin / 084-699-1048
2023/10/?	Supporting Police members: Lecture for Detectives in time management – Braai. Date and venue to be determined.	Jan Judeel / 084-699-1048
2023/10/19	West Rand Region - Monthly meeting with a Social/cultural evening.	Natasha Calitz / 082-399-9915
2023/11/2 -5	IPA NEC Congress	IPA Johannesburg
2023/11/14	Social Date Night evening – venue to be determined.	Andre de Bruin / 082-389-4340
2023/12/01 – 03	Annual social Weesgerus weekend away	Andre de Bruin / 082-389-4340

Dates of events will be conveyed through Email and WhatsApp and may change.

Details surrounding events will be made available as arrangements are made.

Anyone interested in assisting with any of the events can contact anyone of the Committee members.



EVENTS



POTJIEKOS COMPETITION: OASIS MOTH SHELLHOLE

Youth Day, Friday the **16 th of July 2023** IPA West Rand came together at the Cottesloe Moth Cottages in Fairlands for the annual Oasis Moth Shellhole Potjiekios Competition – the chosen theme for the day **“Spanish Fare”** - Pots had to be spicy, warm or chili hot!

IPA West Rand went full steam, and we looked amazing! Susan [from now on our own personal styler and professional seamstress!] made all team members ponchos, flower head bands for the ladies and sombreros, for the men.



It was a very early, chilly morning, at 08:00 we started to set up our gazebo and preparation area and Jan immediately started with the preparation of the starter and main pot. From here on it was busy, busy, busy!

For the starter we prepared **“Venison strips with Spanish Coca flat bread”**, main pot was a **chicken and chorizo pot with vegetables and Spanish rice**. For dessert, **Spanish Torrijas served with a drizzle of honey, chocolate sauce and whipped cream!**



Although it was a busy day of preparing and cooking, the fun never stopped! We had IPA members and friends visited our gazebo and at some stage, we ran out of chairs!

We were so blessed with the support we received and what an amazing recruitment day! Our whole purpose of the day was to take part in the Moth fundraising initiative and do some marketing for the IPA. Luckily, we had our Friendship Cups and not long, had three new recruits. Their applications will be forwarded soon. One of the new members has been referred to the Northwest Region as he is staying in Broederstroom but we will continue to receive and submit his application.



Time went by, everyone enjoyed themselves – and remember! It is a Spanish Fare! There was a cash bar on the premises to use but, if it is part of the “menu” – what can you do? It was a bit of sweet wine, a few nippies of tequila and a carafe of liqueur – all “paring” the served dishes of the day!

After the much anticipating judging was finalized and formalities completed, everyone enjoyed the dishes we prepared. As part of the Oasis fundraising, visitors paid R30 a plate of food of which these proceeds went directly to the Moth Shellhole.

We were also privileged to be able to donate a plate of food to **10 of the Cottesloe residents**. All elderly military and SAPS veterans and their spouses.

Indeed, another joyful beautiful fun day for IPA West Rand where we were part of a fundraising initiative, socialized with other organizations, fellow contestants, and visitors – and recruited new members!



And how awesome was the day! All our hard work paid off as we walked away with 1 st prize – out of 17 contestants!

Our neighbouring stand, Chilly Trench Moth Shellhole received 2nd prize, also a win for us as team members Piet Combrinck and Gary Vickers are both also IPA West Rand members.



IPA WEST RAND VIRTUAL POTJIEKOS CHALLENGE

On Saturday, **1st of July 2023**, IPA West Rand Chairman, André de Bruin extended a virtual potjiekos challenge to all his IPA members.

As we were prepared to take part in the Jacaranda IPA Potjiekos competition on this day, preparations were done and everyone was ready for a competition, unfortunately Jacaranda had to cancel their competition, but West Rand had all the energy to make a potjie the weekend.

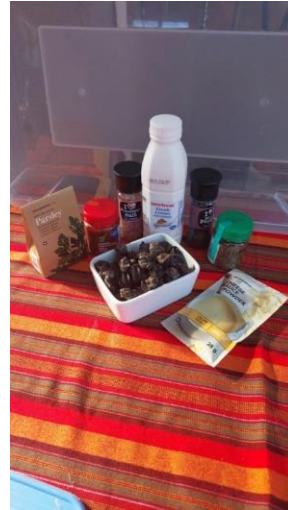
André de Bruin was at his son's house in Montego Bay, Hartebeespoort with both his sons, Jacques and André jnr and their two partners, Natasha and Theresa.

Their menu was a starter of garlic and cheese mussels with fresh bread, main dish was a Cape Malay Chicken Curry with spicy rice and dessert was a malva pudding with custard.



Jan Judeel was at his house in Krugersdorp with Martie, Louis and Charmaine Lottering.

Their menu started with a goulash and creamy garlic, main dish was a mince ball and potato pot with rice and a mushroom sauce. Dessert, brown pudding with cream.



Piet Combrinck was meeting our challenge, also in Krugersdorp, unfortunately he missed the original brief and had a liquid potjie instead! His Desert Coal Stove made up for it!



Kallie & Natasha Calitz was with a group of friends on a hunting weekend in Heilbron, Free State.

As the challenge was only made on the Saturday morning, and camp facilities not really equipped for being “fancy”, we however took the challenge with both “horns”.

A starter of curry chicken sosaties and venison wors were served straight from the fire! It was a very cold evening but at least we had the boma fire going and main pot, chicken and vegetables with spiced rice were coming along, it was served with a papert and mixed salad. The evening was closed with a delicious ginger pudding with custard.



Although we were far apart, we kept in touch through videos and photos and wished we could taste each other's food! We must get together and do it all over again! We were ready for the Jacaranda competition, but at the end of the day we won! Even with our own rules!

This is maybe an idea our IPA SA regions can all take part in! a National potjiekos competition, from your own region and members!

IPA WEST RAND RECRUITMENT DRIVE: KRUGERSDORP & MULDRSDRIFT

SAPS

On a chilly Sunday night, the **16th of July 2023**, IPA West Rand Committee members loaded Friendship Cups, filled with usual sachets of coffee, sugar, milk, cookies, lollipop – and for the winter, a **packet of “Cup-a-Soup”** and a **magwenya**, and took to road and visited Krugersdorp and Muldersdrift SAPS.

At **Krugersdorp SAPS** we were greeted, to our surprise, by one of our own IPA West Rand members on night shift, Captain Leukie Breedt as Shift Commander.

It is always a privilege for us to find our members on duty and to have the opportunity to show them that we care for those members still on active service. We handed over **29 Friendship Cups** and magwenyas to the members on duty and our Chairman explained to them who and what the IPA is.



From Krugersdorp SAPS we left to visit **Muldersdrift SAPS**. The drive out there was all worth it as we were greeted by very friendly CSC members. I think it was so nice for them to have a visit from people, not complaining, but saying thank you for what they are doing.

In charge of the **8 member shift** was Sgt Mokakale and, again, very friendly members, especially when they saw we have a surprise for them.



After the explanation to what the IPA is all about, we again realized that we had a lot of work to do on ground level as there is a major need to advertise the IPA to our members. These youngsters on duty did not have a clue what the IPA was all about! We will have to do more recruitment drives with our members on ground level!

On our way home the discussion in the car was all about which stations we will visit next and a request we will table to NEC regarding marketing material such as posters etc which we can use in our recruitment drives.

IPA WEST RAND “WALK THE WORLD FOR BLUE FRIENDSHIP”



**IPA IS WALKING
THE WORLD...**



...FOR BLUE FRIENDSHIP

30 JULY 2023 09.00

organised by scc

What a day, on **Sunday 30TH July 2023** the Socio-Cultural Commission organized a global event with the aim of promoting IPA globally to local communities and at the same time bringing our colleagues, their families and friends closer together.

More specifically, the idea is for all IPA members around the world to get together in groups in their regions, find a walk, or organize their own and decide on a distance to walk. The moto of the event will be **“Walk the World for Blue Friendship”**.

IPA members from Randfontein and Krugersdorp, as well as visitors from Pretoria, came together at a very chilly, cold (7C) Van Gaalen Cheese Farm in Hekpoort, where IPA West Rand hosted their part of the Walk the World for Blue Friendship.



This did not stop all of us helping and pitching the gazebo and preparing for the walk that started at 10:00 and collected their picnic baskets, packed, and prepared by Van Gaalen's Cheese Farm.



Yvonne, our visitor from IPA Jacaranda and Thapelo had the energy to continue the 6km walk while the remaining walkers stopped at the 2km mark.

After the walk we all relaxed and had a beautiful, delicious picnic consisting of a variety of cheeses, breads, fresh fruits, preserves, and of course, wine! More specifically, a red Muscadel to keep the bodies warm.



Although it started as a cold day, the walk and delicious food made up for the cold start, and this all for the good cause it was intended for!

IPA WEST RAND WOMEN'S DAY: DE VETTE MOSSEL @ HARTIES

Another successful IPA West Rand event took place on the **9th of August 2023** as we celebrated Women's Day at De Vette Mossel in Hartebeespoort.

A group of **41** IPA members, their spouses/partners, families, and friends gathered on this beautiful sunny (a bit windy) day in Hartebeespoort.



We were privileged to have IPA friends from our neighboring regions, Johannesburg, Jacaranda and Northwest. The honor of having NEC members also present made the day event better.

National IPA SA President Vossie Vos and his wife, Dirkie and family, National IPA SA Treasurer Thys Oelofse and his wife Elrina as well as our National IPA Editor Toni Billings and her husband, also IPA Johannesburg member, Gordon Billings.

Jacaranda IPA were represented by Yvonne Prinsloo and all the way from North West IPA (although we were in their region, they had to travel the farthest, all the way from Potchefstroom, Polie and Frikkie and Annetjie Knoetze.

Before the lunch started, **2 x 30-year membership certificates** and pins were handed over to the widow of Gerhard Dekker (passed away earlier this year) and Natasha Calitz.



A 10-year certificate was handed over to Shaun Swarts.



A beautiful bouquet of flowers was handed over to Dirkie Vos as it was her birthday the previous day as well as a bottle of Skilpadtepel “Waars my koene” gin (those who knows the history will understand).

Each lady attending the event was handed over a beautiful gift bag full of treats, from Slim water, chocolates to vouchers. Between meals lucky draws were done and some lucky ladies received beautiful jewelry, line dancing vouchers and meal vouchers.



A prize donated by **Granny B** was handed over to the most creatively dressed lady, Linda Dekker, our own lady pirate of the day.



The main prize, a makeover voucher worth R3 500.00 from **Lana Joubert Makeover Specialist**, was won by Natasha Friggens.



The lunch started at 12:30, and wow, our expectations were 100% met. We were treated to a variety of seafood dishes and more! By 15:00 everyone was full and enjoyed the hour left to mingle and take photos around the interesting premises.

By 16:00 everyone dispersed to their homes. A joyous, fun filled day came to an end!



CHARITY PROJECTS

NAPPY RUN: IPA JOBURG & RUFF CULTURE BIKERS: 2023-07-09

IPA West Rand took notice of the Nappi Run organized by IPA Johannesburg and the Ruff Culture Bikers Club which will take place on the **9th of July 2023** from the Chilly Trench Moth Shellhole in Roodepoort to the Lighthouse Baby Shelter in Randburg.

IPA West Rand felt it in their hearts to play a part in this project and purchased disposable nappies and baby products which were handed it over to Ruff Culture at the Chilly Trench Moth Club on the **7th of July** as we could not take part in the biker's ride to the shelter the initial day, 9th of July.

It is amazing how many people donated, and the products that were displayed showed how many caring people there are in the world left. Johannesburg indeed had a purpose-full cause which made an impact in children's lives.

On Sunday, when they returned to Chilly Trench Club, we enjoyed a braai with Ruff Culture members. We were informed that the arrangement with Lighthouse Baby Shelter fell through, but they went to deliver the nappies and products to the WAS Foundation in Krugersdorp West. The joy, welcoming and appreciation they received at his institution was indeed a sign that the original arrangements was meant to be changed that this organization were then the end receiver of so many nappies, baby products and cleaning products.

For us, as WR IPA, it was an honor to be part of this initiative!



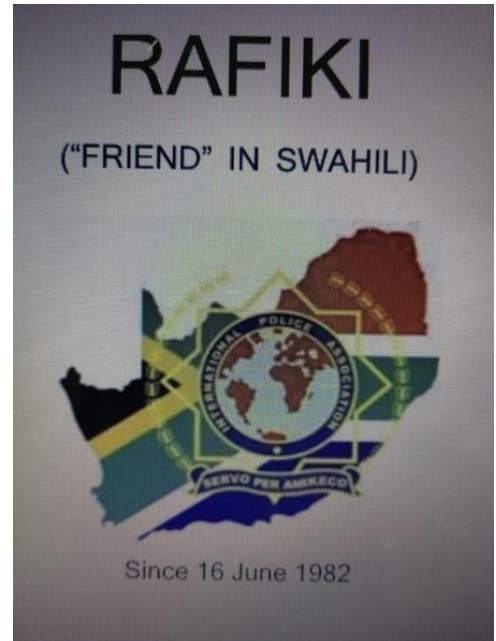


NEWS

The new IPA SA National Newsletter has been launched and circulated. [See the IPA website for the full news letter].

The newly elected IPA SA National Editor, Toni Billing, was appointed on the 11th of March 2023.

A unique, individual name was selected as **“RAFIKI”** meaning “friend” in Swahili.



IPA SA CHALLENGE COIN



*Orders to be placed with Natasha on IPA
WR WhatsApp group and **R150** paid
into IPA WR account to confirm order.
(Coin will only be ordered if payment is
received)*

CUP OF FRIENDSHIP

The “Cup of Friendship” project will be ongoing, steered by our Vice-Chairman, Jan Judeel.

Any member who wishes to be part of this project can contact Jan directly. All you must do is keep a few cups in your car and every time you see a policeman or a traffic official, hand him/her a cup.

Each cup contains sachets of coffee, sugar, Cremora, a packet of cookies and something sweet.

All you must add is hot water and enjoy!

Attached to the cup is an information leaflet what the IPA is about and an application- and debit form. Each of the Committee members will have friendship cups in their possession to randomly hand out to policemen, traffic officials and other members who qualify to be an IPA member [ex. National & Provincial Parks Board Law Enforcement officials].



[due to quarterly issue of this friendship letter, birthdays for 3 upcoming months is included]

SEPTEMBER		OCTOBER		NOVEMBER	
3	CLC HENDRICKS	6	JDH DU BRUYN	4	H VAN ROOYEN
15	T NKABINDE	21	GT NEMAVHOLA	8	J VAN STADEN
24	D VAN STADEN	28	JM MOTSHABA	8	J EKSTEEN
26	D RABIE	28	M VAN NIEKERK	23	D LOUW
		30	B VISSER	23	MM VISSER
				25	HJ VAN RENSBURG
				28	LA LOTTERING

Congratulations to all members with their upcoming birthdays! We hope to see each one of you at our social events so that we can personally congratulate you on this joyful day!

Friends as special as our IPA friends deserve to be celebrated on their birthday (all other days too!) We hope that the year ahead brings each one of you many wonderful adventures!

Members whose names and date of birth do not appear in their birth month, please contact me to include you on my list!

WELFARE – Please report any welfare related issues to any committee member, example – hospitalisation, sickness and or death of members and friends.

SCHOOL BAG PROJECT

IPA West Rand will launch a **School Bag Project** in September/October 2023 where we will ask our IPA WR members, who is willing to take a school bag (which we will provide) and fill it in the next 2 to 3 months with school supplies for the 2024 school year.



We have ten (10) school bags which we hope to fill, with your help and support.

This bag, which you have filled with school supplies, will be handed over to children of our fellow colleagues who is battling financially and not so fortunate as us.

SAPS Social Workers from our surrounding police stations in the West Rand will assist us to identify these families and their children.

Anyone interested in taking part in this project can contact Natasha on our IPA WhatsApp group or private WhatsApp.



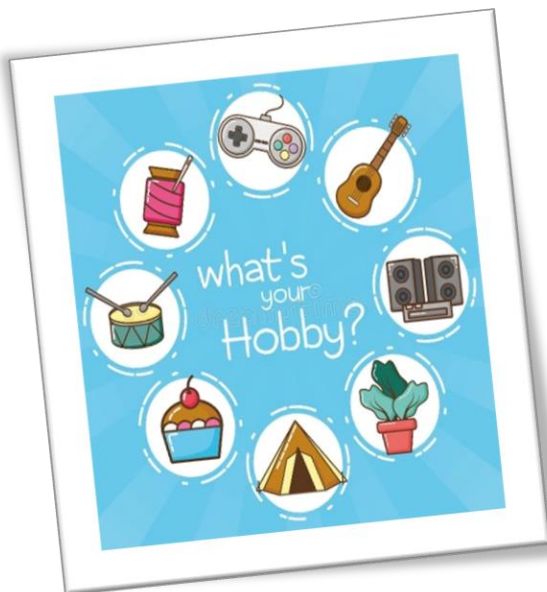
HOBBY CORNER

In last year's Friendship Letter, we included this column and ask our IPA members to tell us about their hobbies.

What hobby do you practice? i.e – where is your “happy place”?

Are you selling the items you make etc.?
Send us photos to include in this article!

Well, this year we are taking it to the next level! Make sure you are ready!



We are going to include **"HOBBY DAYS"** into our social events, i.e, you will be given the opportunity to come and introduce your hobby, show off and we can have the opportunity to buy some of your items if it is crafts etc.

POETRY POCKET – BY GARY VICKERS

LONG MARCH

Skeletons in my closet,
Parabellums under my bed,
Tonight, they'll march in rhythm,
To the parade that's in my head.



Faces long-forgotten, still out on patrol,
Their shadows keep the pace with my sleeping Soul.
The star flare of the morning sun
shines through the windowpane,
And so, dismissed,
they now retreat until we'll march again.

CLOSING REMARKS



WARRIORS ARE NOT WHAT YOU THINK OF AS WARRIORS.
THE WARRIOR IS NOT SOMEONE WHO FIGHTS, FOR NO ONE HAS THE
RIGHT TO TAKE ANOTHER LIFE.

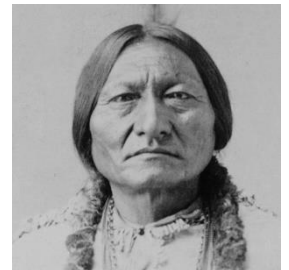
THE WARRIOR FOR US, IS THE ONE WHO SACRIFICES HIMSELF FOR THE GOOD OF OTHERS.

HIS TASK IS TO TAKE CARE OF THE ELDERLY, THE DEFENCELESS, THOSE WHO CANNOT
PROVIDE FOR THEMSELVES, AND ABOVE ALL, THE CHILDREN, THE FUTURE OF HUMANITY.

Let us all become IPA warriors for humanity – be there
for family, be there for your fellow members, be there
for your community!

Help us help those who cannot provide for themselves
– BECOME INVOLVED IN IPA WEST RAND

Sitting Bull



NATASHA CALITZ

EDITOR

"THROUGH HUMANITY COMES FRIENDSHIP"

As an IPA member, you can also take part in numerous IPA programs, activities, and projects. Use this link, search and explore your IPA benefits!

<https://ipasafrica.co.za/main/membership/member-benefits/>

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